

Week Of:

Weekly Menu Plan

	Breakfast	Lunch	Dinner
Monday		Egg Salad with Crackers	Nachos
10/24/16		Veggies and Dip	Corn
		Bananas	Applesauce
Tuesday		Make	B-fast Burritos & sausage
10/25/16		Your Own	Apple Slices and PB
		Lunch Day	
Wednesday		Macaroni and Cheese	
10/26/16		Broccoli	
		Mixed Fruit Cups	
Thursday			Bean and Rice Burritos
10/27/16			Acorn Squash
			Peaches
Friday			Vegetable Beef Soup
10/28/16			Rolls
Saturday		Fried Veggies	Pizza Pockets
10/29/16		Rice	Mixed Veggies
		Melon	Kiwi and Bananas
Sunday		Scrambled Eggs	
10/30/16		Fried Potatoes	
		Applesauce	

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